

## Drumheads

## (Polygala cruciata)

For definitions of botanical terms, visit en.wikipedia.org/wiki/Glossary\_of\_botanical\_terms.

Drumheads is a low-growing wildflower that blooms from late spring through fall. Its flowers are tiny, yellowishwhite and tubular. They are surrounded by large, showy pink bracts that are easily mistaken as the flower's petals. The inflorescence develops as a cylindrical cluster at the terminal end of the flower stalk. Leaves are short, linear and arranged in whorls of four.

Drumheads occurs naturally throughout most of Florida in wet pinelands, savannas and other open wetland habitats, as well as along marsh edges. Although the flowerheads are conspicuous, the plant is easy to overlook as it is often obscured by the grasses and other forbs that grow with it.



Photo by Wayne Matchett

The name *Polygala* comes from the Greek *polys*, which means "many or much," and *gala*, which means "milk." It is so-named because it was once believed that the

presence of *Polygala* species in cow fields would result in higher milk production. *Cruciata* means "cross-shaped," hence the plant's other common names, cross milkwort, cross-leaf milkwort and cross-leaf drumheads.

Family: Polygalaceae (Milkwort family)
Native range: Nearly throughout Florida To see where natural populations of Drumheads have been vouchered, visit www.florida.plantatlas.usf.edu.
Soil: Moist to inundated soils
Exposure: Full sun
Growth habit: 4–12"
Garden tips: You'll have to visit a natural area to see this little gem as it is not commercially available in plant or seed form.

