Largeleaf grass-of-Parnassus

(Parnassia grandifolia)

For definitions of botanical terms, visit en.wikipedia.org/wiki/Glossary_of_botanical_terms.

Florida Wildflower

OUNDATION

Largeleaf grass-of-Parnassus is a rare and wonderful wildflower. Every part of it is distinctively striking. Its blooms are approximately 1-2" across and consist of five bright white petals, all with greenish-yellow netting. They surround a relatively large ovary that is also greenishvellow. Blooms are cupped by white "netted" sepals that are most noticeable once the petals have fallen off. The flower bears 5 fertile stamens and 5 sets of infertile stamens (staminodes). The flower is unique in that, when it opens, the stamens are bent inward over the pistil to prevent self-fertilization. One at a time, each stamen unfolds, releasing its bright orange pollen away from its pistil. Once all the stamens have unfolded, the pistil is now ready to be pollinated by flies and bees who've picked up the pollen from other nearby Parnassus specimens. This species must be cross-pollinated in order to produce seed. Flower stalks can be 2–3 feet tall and erect, bearing a solitary bloom. Basal leaves are large, slightly succulent and rounded to kidney-shaped, but are usually obscured by the grasses among which the plant commonly grows.

Largeleaf grass-of-Parnassus blooms only in fall, typically October and November. It occurs naturally in open and seasonally wet savannahs and bogs. It is a state-listed endangered species.

The genus name of *Parnassia* and the common name grass-of-Parnassus refer to Greece's Mount Parnassus, home of the Muses and to the Oracle of Delphi. Of its common name reference to grass, it is rumored (but unconfirmed) that the cows of Mount Parnassus enjoyed *Parnassia* as they enjoyed the other grasses, so *Parnassia* was deemed an honorary grass. (It is not a grass and is in no way related to the grasses, nor does it bear any resemblance to a grass.)

It is sometimes called Bog-star.

Grass-of-Parnassus is celebrated in the Andrew Lang poem and poetry collection of the same name.



Garden tips: This is a rare specimen that is not commercially available and is not easily propagated. You'll have to visit its natural setting in order to see it!



Photo by Eleanor Dietrich



Largeleaf grass-of-Parnassus with both fertile and infertile stamens elongated and pistil orange with pollen from another plant. The petals have fallen off, and the striped sepals are visible. Photo by Eleanor Dietrich.

